

## Chapters 44, 45 & 46: Heart Attack\*

## **Discussion Sheet**

**Scriptural Foundation:** "I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your impurities and from all your idols. I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws." *Ezekiel 36:25-27 (NIV)* 

## **God's Instructions:**

Colossians 3:1-5, Proverbs 23:4; Ezekiel 33:31, 1 Corinthians 13:3; Philippians 4:12, 3:7-8; Joshua 24:15

1.	Prayerfully read Colossians 3:1-5. How can you 'set your heart on things above' every day?
2.	Which aspects of your life could you simplify to be less distracted by your material blessings?
3.	Are there aspects of your life that show a greater love for material blessings, position and ego than for God's people and purposes?
4.	Are we required to keep our hearts clean from the love of the world and the temporal rewards it provides?
5.	Is having an Ezekiel 36:26 'heart attack' a permanent cure for affluenza, pride and materialism?
6.	What has Julian found to be the only way to keep his heart fixed on eternal priorities instead of temporary material things?
7.	Every day we are called to choose who or what we will serve – the gifts or the Giver, the blessings or their Source, money or God. Who will you serve?

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<sup>\*</sup> To be completed after reading chapters 44, 45 & 46 of *HELP! I've Been Blessed!* by Julian Archer.